



Contact details

Leeds Portage Service
Disability Support & Inclusion
Service
The Courtyard: Unit 1
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Leeds
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Office opening times:
Monday – Friday 9am-5pm



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children**
Barnardo's

www.barnardos.org.uk

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Barnardo's Registered Charity
Nos. 216250 and SC037605

What do parents say?

"It has helped me because I can see the improvements and it has given me confidence in my ability to help him"

"It is done at home within the best environment for one-to-one teaching. Everyone is relaxed which makes things so much easier"

"It has taught me to take things gradually. Before Portage, I expected to see an immediate response to certain things. Now I accept the little things which will add up to succeeding in one big thing later"

(www.portage.org.uk)

**Leeds
Portage
Service**

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What is Portage?

Leeds City Council commission Barnardo's to provide a Portage Service to children & families living within the Leeds Authority.

Portage is a home visiting teaching service for families of pre-school children with additional needs.

Portage works in partnership with parents/carers to support their child's development.

Portage empowers parents/carers to become teachers of their own children, in their own homes with support from a trained Portage Home Visitor.

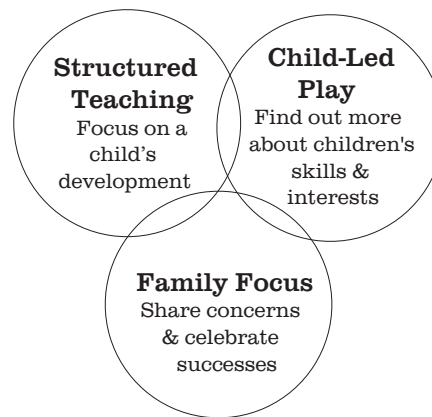
The Leeds Portage Service is registered with the National Portage Association.
www.portage.org.uk



What happens on a Portage home visit?

Families receive weekly/fortnightly visits with a Portage Home Visitor lasting approximately 1 hour.

There are 3 main elements to every home visit:



In partnership with parents/carers, Portage Home Visitors look at children's development and discuss goals to enable children to achieve the small steps in their learning. Portage looks at all areas of a child's development e.g. physical, language, self help, social and play/learning.

Portage Home Visitors can provide toys, materials and tips to make these goals achievable.

Portage Home Visitors demonstrate activities that parents/carers can practice with their child to help achieve the goal.

Throughout the week parents/carers spend a little time practising the activity and record the outcome on a chart.



Referring to Leeds Portage Service

Children can be referred to Barnardo's Portage Service between the ages of birth and two and a half years old if they have a delay in two areas of their development.

We have an open referral process. Parents/carers or any other professional working with the family can refer as long as they have parent/carer's consent.

We have a criteria for accessing the Portage Service. Please contact the Portage Service to discuss this further.